



# Summer News for Adults 2017

*Adults are not allowed to use the facilities between  
9:00AM and 4:00PM*

**AM Plunge swimmers must leave the building by 9AM !**

## **Summer Plunge & Willard Club**

**May 30<sup>th</sup> – August 18<sup>th</sup>**

Lap swimming is available:

Monday – Friday 6:30AM- 8:30AM

Monday – Thursday 6:00PM – 7:30PM

Fee: Resident \$85; Non-resident \$95; Sr. resident \$75

## **Basic Adult Membership**

**May 30<sup>th</sup> – August 18<sup>th</sup>**

Weight Room is available:

Monday – Friday 6:30AM- 8:30AM

Monday – Thursday 4:00PM – 7:45PM

Friday 4:00PM-6:00PM

Fee: Resident and Non-resident \$52

## **Summer Senior Swim**

**May 30<sup>th</sup> – August 18<sup>th</sup>**

Lap swimming is available:

Monday – Friday 4:15PM-5:00PM

Fee: \$40 available to Residents only

*The Centre closes at 6pm on Fridays and is closed Saturdays & Sundays*