

# Hayden Gymnastics Camp

24 Lincoln Street  
Lexington, MA. 02421  
781-862-8480



June 2017

Dear Parents & Campers,

We are excited that you will be joining us for gymnastics camp this summer!!! There are a few items we would appreciate your help with to ensure a great experience.

1. Please wear comfortable clothing. **Please no jewelry or dresses.**  
Girls- leotards, shorts, t-shirts, **hair pulled back.**  
Boys- shorts, t-shirt—no zippers or snaps on shorts please.
2. For safety, children have to be in bare feet. No tights or ballet slippers please!
3. There is a drinking fountain, but the gymnasts are encouraged to bring water bottles as well.
4. Every camper should pack a snack and a non-perishable lunch.
5. Camp hours are 9:00AM to 4:00PM.
6. Morning drop-off will begin at **8:55AM** at the **HAYDEN ICE SKATING FACILITY**. Afternoon pick-up will be at the **HAYDEN RECREATION BUILDING** at **4:00PM**, as their last activity of the day is swimming. We are unable to provide supervision prior to the start and at the conclusion of camp.
7. If campers are registered for the extended day program they must be dropped off or picked up at upper Hayden (the Recreation Centre). We will bring them to and from upper Hayden.
8. Campers are NOT allowed to have medication with them. All medication must be given to the camp office at the Recreation Building. Prescription medication must be in its original container with the prescription label affixed on it. Over the counter medication must be in its original container and must be accompanied by a note signed by the parent/guardian authorizing Hayden to dispense the medication. **NO EXCEPTIONS**. If your child attends the extended day program and has an inhaler and/or an epi-pen you must provide us with two inhalers or epi-pens - one for gymnastics camp and one for the extended day program.
9. We invite you to visit the gymnastics camp on Thursdays of each session.
10. If your child is going to be **absent** please call **781-862-8480** by 8:30am. Please specify gymnastics camp when calling.
11. Remember to **meet at the Ice Skating Facility**.
12. Campers will be swimming each day. Please be sure to pack a swimsuit, goggles, and towel.
13. If the weather allows, we will be spending time outside. Please remember to use and pack sunscreen!
14. Please pack an old shirt or smock for arts & crafts activities.

Can't wait to see you!!