

HAYDEN RECREATION CENTRE FIGURE SKATING CLUB

RULES AND ICE CONDUCT

It is the responsibility of all skaters, parents, and skating professionals to familiarize themselves with these rules to ensure safety and courtesy on the ice and within the John P. Chase Skating Facility.

Participation:

1. Only members of the Hayden Recreation Centre Figure Skating Club may skate on club ice sessions.
2. All Hayden Recreation Centre Figure Skating Club skaters must be **current** Hayden Recreation Centre members.
3. Hayden Recreation Centre FSC is a sanctioned US Figure Skating Member club. Per U.S. Figure Skating member rules, in order to “participate in any U.S. Figure Skating program or Basic Skills activity” (including Test Structure and Competition), all Figure Skating Clubs skaters and skating coaches must file a “U.S. Figure Skating Membership with their “Home Club”.
4. To skate on any Hayden FSC ice session (freestyle, moves, dance, competitor’s ice, or Synchro) skaters and coaches must have a US Figure Skating membership. This includes Adult skaters and learn-to-skate members who are utilizing these sessions for private lessons or practice. Learn to skate members must take out full membership in the U.S. FIGURE SKATING to use any club ice whether with a coach or not. **NOTE: Tot class practice ice and Hayden General Skate sessions do not require U.S. FIGURE SKATING memberships.**
5. All membership and registration application forms as well as Basic Skills information for our learn-to-skate enrollees may be obtained at the front desk.
6. Skaters do not need to represent Hayden as their Home Club to be a Hayden Recreation FSC member. However, all non-representing skaters must have their U.S. FIGURE SKATING number on record at the Skating Facility Front Desk.
7. All Hayden FSC members in good standing with Hayden and U.S. Figure Skating are eligible to pre-book Hayden Ice Sessions.

General Rules of Conduct

1. All Hayden Rec. FSC members and professional staff are expected to obey the rules and protocols of the facility and staff when on premises.
2. Hayden Rec. FSC members are expected to respect the personal possessions of others in the building, as well as the grounds, locker rooms, and equipment of the facility and property.
3. There is no smoking allowed inside the facility. Please use proper receptacles when smoking outside of the building. Please do not smoke directly in front of the building.
4. Skating on unauthorized ice surfaces, unlit ice surfaces, or when unattended by staff is prohibited.
5. No horseplay of any kind is allowed. Offensive language or behavior in the lobby, rink, and locker rooms or on ice will result in being asked to leave the premises and/or a formal complaint.
6. Repeated or serious issues will be referred to the Rink Management for further consideration. Club members wishing to report concerns may do so in person or in writing at the Skating Facility. NOTE: Anonymous reports CAN NOT be addressed.
7. Suggestions/ideas/comments are welcome and may be presented to the rink management at any time. It is helpful if these are in writing so that they can be responded to.
8. Parents and spectators may watch/observe lessons from the bleachers or perimeter of the rink. No observation is allowed from the entrances to the ice surface or in the hockey boxes.
9. No spectator may instruct skaters on or off the ice.

Ice Rules

1. All skaters must pay for the ice before skating the session.
2. Ice sessions may be pre-booked on a monthly basis or paid for at the time of the session. Ice may be pre-booked only during the 18-24th of the previous month. (pre-book November's ice during October 18th – 24th)
3. All pre-booked ice must be paid for at the time of booking.
4. If a skater is not using their pre-booked ice, it is their responsibility to notify the Front Desk of the cancellation.
5. There is no refund for unused ice. Ice Credits will be issued only for sessions that are cancelled in advance. There will be no credits issued for “no shows”. Ice credits are valid for one month.
6. Pre-booked ice will be held for 5 minutes into the respective sessions. If a skater is delayed, a phone call to the Skating Facility will hold their slot until they arrive.
7. All skaters must check in at the front desk before each session. If a pre-booked skater has not checked in, their slot may be given to a walk on skater. No credit will be issued to skaters who do not check in.
8. Skaters must abide by the ice designation requirements.
9. If there are fewer than 10 skaters signed in for a session; after 5 minutes has passed the ice desk will announce that the session is now considered an open session. Open sessions allow the skater to do moves, freestyle or dance at any level. Skaters who do not meet the stated requirements for that session as published will be allowed to skate.

Music Protocol

1. All skaters who wish to have their music played must list their name on the music play list. Music should be placed in the music box in the order listed on the play list.
2. Music will be played in order after a 3-minute warm-up.
3. Skaters must be ready to do their program immediately when up.
4. Coaches may cut in to play a student's music once per session. If a coach cuts into the rotation they may not cut another coach. The order should go skater, lesson, skater, lesson, skater etc.
5. All lessons should be listed on the play list. If that skater is already in line her/his music will only be played once.
6. Only music that is listed on the play list will be played.
7. No restarts will be allowed and all music must be played once before a skater can play his/her music again.
8. Skaters may not list their name more than once.

On Ice Protocol

1. Skaters must clear the ice and all items from the boards promptly upon completion of the session. Once the Zamboni signals and enters onto the ice surface, all program music is to be turned off.
2. If a skater practicing an element needs to give warning to avoid a collision, it should be done so courteously. Skaters and professionals should yield quickly and politely when necessary.
3. A skater doing a program has the right of way; however, skaters performing spins or backward moves should be given consideration to avoid collisions.
4. Skaters on lesson should not traverse through the flow of traffic, and MUST yield to skaters doing their programs.
5. Skaters and professionals on lesson on the harness MUST yield to skaters on program and avoid standing in traffic patterns. The harness must be secured properly after use
6. Skaters must keep moving on the ice. Unless injured, a skater must get up from a fall as soon as possible.
7. If an injured skater cannot move of his or her own accord, the front desk must be notified. The front desk will notify emergency personnel. It is recommended that an injured skater NOT be moved by anyone other than medically trained personnel. Medical report forms are available at the front desk and MUST be filled out (by Hayden Staff) at the time of the incident.
8. Congregating at the board or on the ice is not permitted, so that other skaters can move freely and avoid accidents.
9. Skaters must wear skates when on the ice. Sitting on the boards or climbing over the boards to enter or exit the ice is not permissible for skaters and professionals.
10. Skaters are not allowed to have refreshments on the ice other than drinks in sealed, unbreakable containers.
11. No skater may use the equipment of another skater without permission.
12. Boom boxes are allowed for choreography by professionals only and will be kept to a minimum volume. At no time should they be louder than program music playing overhead. Wearing of headphones is not allowed on the ice surface at any time.

13. Programs must be timed appropriately for the skaters' competitive freestyle level.
14. Skaters and professionals must not congregate at the corners of the rink used for lutzes other than practicing the maneuver.
15. Spins should be done center ice, unless part of the skaters' program.

Professional Protocol

1. All professionals must be registered coaches of U.S. Figure Skating and meet CER B requirements
2. All professionals are expected to adhere to the PSA code of conduct.
3. Professionals are expected to observe the highest standards of conduct and respect, not only to their students, but also to all skaters on the ice, their parents, members of the staff and professional colleagues.
4. Only Hayden professionals and registered Non-Staff professionals may instruct skaters on or off the ice.
5. Only professionals coaching a student on lesson may videotape from the boards for the purpose of instructions
6. A professional wishing to use the ice for personal practice must register at the front desk.
7. The ice must be cleared immediately upon the entrance or signal of the Zamboni driver onto the ice or at the notification of desk personnel.
8. Professionals should teach near the boards as much as possible, unless choreographing a program, have a skater in program, or demonstration is impossible any other way than near the boards. Professionals should avoid teaching in the Lutz corner.
9. Professionals must wear skates on the ice and no professional may sit on the boards at any time.
10. Professionals must exit the ice at the rink exit. Do not climb over the boards.
11. Professionals should make every effort to notify students personally if they are not coming in as expected.